



Heathfield High School
in conjunction with
Mt Lofty Volleyball Club and Volleyball South Australia
Present

The 2012 *Nippy's* “LUNCH AND CRUNCH”



14th MARCH 2012
HEATHFIELD HIGH SCHOOL
10:00am – 11:45am



Last year we conducted our best Lunch and Crunch Event to date and it's getting bigger and better every year.

The mixture of beach courts, the fantastic indoor courts and the grass courts was a whole new experience for the children competing and they all had a ball. With one main indoor court surrounded by the big grandstands the kids were given the opportunity to play in front of a crowd which created a fantastic atmosphere for them.

As we did last year we will endeavor to get all teams on each of the court surfaces as they will rotate through the beach courts, the grass courts and the indoor courts. Unfortunately some teams may not get to play on the indoor grandstand court but priority will be given to the senior players.

This carnival is about providing students with the opportunity to experience *Spikezone* in a participation-focused environment. Students will play four-a-side games, as per the rules of Spikezone Mini-Volleyball, with each team guaranteed at least three games. Girls and boys teams may be entered, with the draw manipulated to ensure teams play against other teams of a similar ability to enable students to have a positive experience of the sport.

TO REGISTER:

Please complete the attached nomination form and send to

Heathfield High School Volleyball Program

99 Longwood Road

Heathfield 5153

Fax: (08) 8139 9399

NOMINATIONS CLOSE ON MONDAY 5th MARCH 2012.



PLEASE NOTE:

- Children will need to provide their own drink bottle, hat and sunscreen.
- Please bring a first aid kit and remember asthma medications
- It is the responsibility of staff and accompanying parents from individual schools to ensure that students have adult supervision at all times.
- Free tea and coffee will be available for adults from our brand new canteen by the beach courts.
- Bus parking is available in the Mt Lofty Sports Centre car park.

For any further queries or questions,
please contact,

The Sports Trainee
Heathfield High School

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Fax: (08) 8139 9399

Email: stuart.scott@hhs.sa.edu.au



